

**School Health Advisory Council Meeting Summary
American Lung Association of Florida
February 14, 2013**

TOPIC	DISCUSSION	ACTION
Introduction	Dr. Mike Feinstein welcomed everyone.	
Approval of Agenda	Agenda was approved following motion by Ginny Keller, seconded by Dr. Bernstein	Approval of agenda
Approval of Summary – January 10, 2013	Summary notes approved following motion by Bud Tamarkin, seconded by Anne Kist.	Approval of Summary
Old Business	<p>Mental Health Committee – Dr. Bernstein Mental Health Committee met a couple of weeks ago and moving forward with our recommendations that Judy Klinek gave to the School Board on behalf of SHAC. We're working with the district now on looking at mental health education for educators; we are also looking at the whole student support system in Palm Beach County. Also one of the recommendations is to look at the school-based team's structure. That's a system in place to help kids academically, behaviorally, emotionally and socially. One of the recommendations was to look at that set of services and practices and to boost up the services around the kids for the social-emotionally behavioral component. We are also talking about some Baker Act prevention training for school police, nurses, educators, and principals and we will be further talking about that at our next SHAC Mental Health Committee at the FDOH-PBC headquarters. It's going to take all of us to move forward on the board recommendations.</p> <p>Dr. Bernstein also noted that the Palm Beach County School Counselor Association had recognition for their school counselors on Friday, February 8th with 481 people in attendance; mostly principals, school counselors, district leadership, and board members and it was all in recognition of school counselors.</p> <p>Wellness Promotion Task Force – Dr. Bernstein gave a report for Paula Triana. At the past meeting, Paul and Pam Gionfriddo talked about mental health. Paul Gionfriddo has been a mayor, six-term state legislator, policy consultant, and nonprofit executive during his career. He shared how their personal experience of mental illness with their son Timothy has made mental illness a passion for them. Pam Gionfriddo is CEO of the Mental Health Association of PBC and has 20 years experience working with the nonprofit, public, and philanthropic sectors nationally. Pam talked about mental health here locally and how for the first time in 30 years, mental health conditions have displaced physical illnesses as the top five disabilities in children. She emphasized that mental illness is an organic brain disease and not just bad behavior.</p> <p><u>FY 2012-2013 Wellness Promotion Task Force Meeting Dates:</u> Wednesday, April 3, 2013 -- (8:30 a.m. - 10:30 a.m.) Thursday, May 16, 2013 – (3:30 p.m. – 6:00 p.m.) <u>Fulton-Holland Educational Services Center - 3300 Forest Hill Boulevard, West Palm Beach, FL 33406</u></p> <p>Health Education Committee – Eric Stern</p>	The next committee meeting will be February 19, 10:30 – 12:00 at the health department.

	No updates	
New Business	<p>Supporting Students: School Counselors Michael Kane, MS, EdS, NBCT School Counseling IES Grant Specialist was introduced. Michael gave a presentation on how school counselors design and deliver comprehensive school counseling programs that promote student achievement. These programs are comprehensive in scope, preventive design and development in nature. The "ASCA National Model: The Framework for School Counseling Programs" outlines the components of a comprehensive school counseling program. The ASCA National model brings school counselors together with one vision and one voice, which creates unity and focus toward improving student achievement. They are trained with degrees and work in elementary, middle, and high school across the district. They help students in increasing academic achievements by increasing college and career readiness, decreasing drop-out rates, and reducing truancy. School counselors understand the academic, social-economic, and career difficulties students face; they also focus their skills, time and energy on direct and indirect services to students.</p> <p>The American School Counselors Association recommends a school counselor to student ratio of 1:250 and that school counselors spend 80 percent or more of their time in direct and indirect services to students and their families. School counselors participate as members of the educational team and use the skills of leadership, advocacy and collaboration to promote systemic change as appropriate. The framework of a comprehensive school counseling program consists of four components: foundation, management, delivery and accountability.</p> <div data-bbox="724 803 787 860" data-label="Image"> </div> <p>Adobe Acrobat Document</p> <p>Supporting Students: School based Teams June Eassa, Program Planner, Single School Culture Initiatives gave a presentation about the school-based teams. These teams are the portal that we have in the school center that we're supposed to use when students are struggling with academics, behavioral, social or emotional situations. We are supposed to bring these students to a school-based team meeting that is a group of individuals that on most campuses will include the school counselor to have the opportunity to talk about that student and problem solve. The whole purpose of the school-based team is to have a conversation about what is getting in the way of that student being successful and provide appropriate support and linkages.</p> <p>The school-based team is going to look different at our 185 schools due to site based management differences from campus to campus. But when we design it what we were looking for was a group of professionals that could sit down at anytime during the school day defined by the principal and talk about the whole child. It started in 2002-2003 when this district received a grant for safe schools healthy students and we were able to go into 13 middle and high schools and create a school-based team. The new Florida model of multi tiered systems of support is based on the students needs and includes the school-based teams.</p>	

Announcements	February 22, 2013 – 11 th Annual Breath for Life Luncheon, Breakers Palm Beach February 23, 2013 – 5K Walk for the Homeless Students in PBC, Meyer Amphitheater February 23, 2013 – Kiwanis Walk for Homeless Students, Lynn University July 24-29, 2013 – Boggy Creek Asthma Camp	
Adjournment	Meeting adjourned at 1:45 PM. Next meeting is March 14, 2013.	